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Camp Health and Safety Plan

The Academy's Summer Camp has implemented a Health and Safety Plan to specifically address, respond to, and limit the spread of COVID-19 in our camp community. There are no strategies that can completely eliminate transmission risk. The goal is to keep transmission as low as possible to safely continue camp activities. This Health and Safety Plan will serve as the guidelines for all activities. Remaining mission-driven, community-centered, and data-informed will ensure the quality and high standards of our whole-child approach to our summer camp experiences.

This plan details protocols for cleaning, safety, hygiene, and monitoring. The best prevention is through avoidance, therefore the four primary ways of promoting the health and safety of our school community are: (1) face masks/social distancing, (2) good personal hygiene, (3) regular cleaning of touched surfaces, and (4) daily self-administered health screenings for all campers. The plan makes use of all available spaces on our ten-acre campus and utilizes a cohort model to limit interactions among groups of campers and staff.

The success of the Academy's plan for a healthy and safe camp experience requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. The plan incorporates the following elements: Masks, Air, Space, Cleanliness, Screening

Masks - COVID-19 is significantly less likely to spread if everyone wears a mask. Based on updated guidance from the CDC and MCOPH (Montgomery County Office of Public Health), masks (minimum 2-ply) will be worn indoors by all camp staff and campers. Campers will change face masks throughout the day. 2-ply minimum face masks will be stored in a paper bags with the camper's name. Masks will not be required for camp staff and campers outdoors. Unvaccinated individuals entering school buildings are required to wear a 2-ply minimum face mask and maintain social distancing.

MASK UPDATE: The order requiring universal face coverings in Pennsylvania was lifted on June 28, 2021. There is no longer a statewide requirement to wear masks. As a result of this update and a review of current county COVID conditions, campers will no longer be required to wear face masks at camp. Please note that all camp staff are fully vaccinated. If you prefer for your child to wear a mask indoors at camp, please let our staff know and they will help your child to do so. We appreciate your support as we continue to update our Camp Health and Safety Plan according to the latest recommendations to ensure a healthy and fun camp experience.

Air - COVID-19 is significantly less likely to spread in well-ventilated areas. The Summer Camp staff will take advantage of the outside areas on campus as much as possible. Inside, doors and windows will be open to maintain good airflow.



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Space - COVID-19 is less likely to be spread among people who maintain six feet of distance from one another and limit their interactions to a small group of people. To accommodate this recommendation, the Summer Camp has implemented physical changes to campus areas and behavioral expectations and practices for campers and staff.

Cleanliness - Cleanliness is key to the Summer Camp mitigation plan. Frequent handwashing/hand sanitizing by campers and staff is a primary focus in protecting against COVID-19. Campers and staff will use hand sanitizers before entering any building or room.

They will wash or sanitize hands before and after every meal or snack and after touching their face or removing their mask. Camp staff will plan multiple opportunities throughout the day for handwashing and use of hand sanitizer. Common areas and frequently touched surfaces will be sanitized throughout the day.

Screening - COVID-19 is less likely to be spread by individuals who are symptom free; it is less likely to be contracted by individuals who are otherwise healthy. The Summer Camp's first line of defense is to reduce the likelihood of it coming onto campus in the first place. Any camper who is sick for any reason, exhibiting any symptoms of COVID-19, or believes they have been exposed to someone who has COVID19 is instructed to stay home. The Summer Camp will implement a self-screening system for all campers which monitors and reports symptoms of and possible exposures to COVID-19. This self-screening must be completed daily. Unvaccinated individuals will not be admitted into any of the Academy's buildings unless the required self-screening has been completed and appropriately submitted. Any individual exhibiting any one of the Symptoms for Surveillance must stay home until he or she has met the Guidelines for Return to Camp, below. In order to protect the health and safety of our entire community, no camper will be admitted to camp until the camp staff has received their Daily Screening Form verifying that they have not exhibited any of the Symptoms for Surveillance within the previous 72 hours.

The first time any child exhibits potential symptoms of COVID-19, they should be evaluated by their physician, even children with similar seasonal symptoms that present every year. If the physician determines that there is an alternate cause for the child's illness (i.e., allergies, chronic cough, asthma), the child may return to camp when they have been fever-free for at least 72 hours without the use of fever-reducing medications. After the child has been fully evaluated by their physician, the Academy asks the parent of any student who has been diagnosed by their physician with a chronic illness or condition which causes any of the Symptoms for Surveillance (i.e., allergies, migraine, I.B.S.) to provide the Camp Director with a note from their child's physician identifying the child's usual symptoms and clearance to be in camp.

However, if the child's symptoms either (1) persist unexpectedly or (2) change in any way, the child should be considered as exhibiting a NEW Symptom for Surveillance and must be kept home until he or she has met the Guidelines for Return to Camp, below.



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Each day, camp staff will verify that each student has a completed Daily Screening Form. Campers who do not have a completed Daily Screening Form will not be admitted into camp.

Individuals who are self-quarantining or have been diagnosed with a confirmed or probable case of COVID-19 may not drop off or pick up children from camp.

Individuals who become ill at camp may or may not be exhibiting symptoms of COVID-19. A child who exhibits any of the Symptoms for Surveillance will have their parents notified to pick up their child.

Symptoms for Surveillance

Cough
Congestion or runny nose
Chills
Headache
Muscle pain
Sore throat
Loss of taste or smell
Digestive problems
Shortness of breath or difficulty breathing
Nausea or vomiting
Fever

GUIDELINES FOR RETURN TO CAMP

The Academy will not allow any individual who has exhibited any of the Symptoms for Surveillance, whether at home or at camp, to return unless the following criteria have been met. *Please note: All referenced testing in the following criteria must be PCR Testing. The Academy does not accept Rapid Testing results.

1) A SYMPTOMATIC individual who has tested POSITIVE for COVID-19 may not return to camp until their symptoms (if any) have resolved AND at least 10 days have passed from the day their symptoms began AND they have been fever-free for at least 72 hours without the use of fever-reducing medications. Having tested positive for COVID-19, the individual may not return to camp until each of these criteria is met; a negative test obtained prior to the end of this quarantine does not clear the individual for return to school. Once all three criteria are met, the COVID-19 positive individual does NOT need a repeat COVID test or a doctor's note in order to return to school.



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- 2) A SYMPTOMATIC individual who has NOT BEEN TESTED for COVID-19 may not return to camp until their symptoms (if any) have resolved AND at least 10 days have passed from the day their symptoms began AND they have been fever-free for at least 72 hours without the use of fever-reducing medications.
- 3) A SYMPTOMATIC individual who has tested NEGATIVE for COVID-19 may not return to camp until their symptoms (if any) have resolved AND they have been fever-free for at least 72 hours without the use of fever-reducing medications and have been cleared by a physician. Consider retesting in 3-5 days if symptoms persist.
- 4) A SYMPTOMATIC individual determined to have an alternative cause for their illness by their primary medical care provider may not return to school until their symptoms have resolved AND they have been fever-free for at least 72 hours without the use of fever-reducing medications.
- 5) An ASYMPTOMATIC individual with a KNOWN or PRESUMED NON-HOUSEHOLD EXPOSURE to COVID-19 may test 5 days after exposure and return to camp with a negative PCR test on day six. A camper with a POSITIVE HOUSEHOLD CONTACT may not return to camp until the positive household contact has completed quarantine and an additional 14 days have passed.

Effective: 06/10/2021

Revised: 6/28/2021