## STEPPING STONES MUSIC NEWSLETTER

Readings, resources, and activities to help the parent keep themselves and their young learner musical at home.

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Volume. 10

## Welcome!

Hello, and welcome to another jaw dropping edition of Ancillae's Online Musical Newsletter! As always, this week's newsletter is determined to help the parent and their young learner become more musical at home while also helping the parent become aware of music's value as a development tool in education. Thank you for reading and please never hesitate to reach out.

#### RESOURCE OF THE WEEK -FRONTIER SCIENCE NEWS-MUSIC AND ACADEMICS

#### MUSIC LESSONS IMPROVE CHILDREN'S COGNITIVE SKILLS AND ACADEMIC PERFORMANCE [LINK]

"Music expresses that which cannot be said and on which it is impossible to be silent."

Victor Hugo - [French Poet/Novelist]

## Playlist of the Week

A carefully selected collection of music proven to engage the brain. Perfect for playing around the house during the day. This week's focus is some of the most famous pieces of music from movies!

John Williams - Imperial March (Vader's Theme)

Ennio Morricone - Once Upon A Time In The West

Maurice Jarre - Lawrence of Arabia Overture

#### Alan Silvestri - Back to the Future Theme

## <u>Animated Music - Bach,</u> <u>Prelude in C Major, WTC I,</u> <u>BWV 846 [Link]</u>

This week's special viewing is an intersting combination of animation and music. Being exposed to stimulating visuals is an important part of neurological development. When combined with music you have something amazing that is certain to wake the brain up. I am linking one of my favorite videos from this series, but all of Smalin's videos are perfect for having on in the house during the day.

## **Musical Activities**

#### <u> Jumping Animals - Gross Motor Skills [Link]</u>

This week we will be putting our musical coordination skills to the test with this music jumping animals game. All you will need is masking tape, a marker, paper, and the energy to jump! The challengeing part of this activity is trying to not only jump like the animal you chose, but to do it to the beat of the music. You can put on any music you like but I am suggesting a playlist below.

#### [Link]

#### <u>Popsicle Stick Harmonice - Easy DIY</u> <u>Instrument [Link]</u>

This week we will be adding to our incredible at home instrument collection by creating a popsicle stick harmonica! All you will need is popsicle sticks, rubber bands, toothpick, scissors, and card stock or some kind of paper. And of course, something to decorate your instrument with whether it be paint, glitter, or stickers.

### <u>Because - Mo Willems / Book Read</u> <u>Aloud [Link]</u>

This week we will be joining in a book read aloud to hear an amazing musical journey certain to inspire musicians young and old alike. Take a break, sit down with your young musician, and enjoy this marvelous story!

# Thank you for reading!

Thank you continuing to keep music in mind during these interesting and very important times. I hope this newsletter provides some fun, happiness, and calm during your week. Please contact Mr. Esposito for any comments, questions, or feedback.

Have a musical day!

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