## Safe Snack List

The food allergen policy is to ensure a healthy and safe learning environment for all students. Foods that commonly produce allergic problems are peanuts and tree nuts, shellfish and fish, milk, egg, soy, and wheat. The Academy adheres to a strict food allergen policy. The Health Office and Food Service Coordinator have developed a list of safe snack options for students staying after school for athletics and fine arts. Items from this list below can be brought to school for an afterschool snack. Always read labels!

## SAFE SNACK LIST

Fresh fruits Fresh vegetables Chex Mix, original flavor ONLY Keebler Fudge stripe cookie Herr's pretzels Lay's potato chips Fritos corn chips Cheez It crackers Goldfish crackers Goldfish pretzels Honey Maid Teddy Grahams crackers Keebler or Austin Animal crackers Sun Chips Smart Food popcorn (cheddar) Enjoy Life products (they are a nut free, dairy free, gluten free company) **Treasure Mills products** Made Good products